

# Tacoma Urology Center

## **Preparing for Your Vasectomy Reversal**

The following is important information on preparing for your vasectomy reversal surgery. Please read and follow this advice carefully. Call us if you have any questions.

- You should avoid taking any **aspirin** or aspirin -containing products for **two weeks** before your surgery. Products containing anti-inflammatory medication, such as ibuprofen (Motrin, Advil), Naprosyn, or similar drugs should be avoided for one week prior to surgery. These medications prevent normal blood clotting, and increase the risk of bleeding during and after surgery. Even a single aspirin tablet will affect blood clotting for over one week! Tylenol (acetomenophen) is safe to take at any time.
- You should shower or bath the evening before surgery.
- You will need to shave the scrotal area the night before or morning of surgery. The area to be shaved includes the front and sides of the scrotal sac, the penis, and the area over both groins on either side of the penis. It is not necessary to shave the pubic area (the area above the penis). Shaving should be done within 24 hours of the surgery.
- You must have a *completely* empty stomach for at least **8 hours** before the scheduled time of your surgery. This means absolutely no food or fluids, even water. There are *no exceptions* to this requirement; surgery **will be cancelled** and rescheduled if it is not kept. If you are required to take prescription medications daily, please contact us for instructions.

If you have any questions or concerns, please call us at **(253) 272-8822**.